



SOPHIA COLLEGE MENTOR-MENTEE PROGRAMME (SMMP) FOR FIRST YEAR STUDENTS

SHARING. CARING. SUPPORTING.

7th August 2026



SMMP COMMITTEE MEMBERS

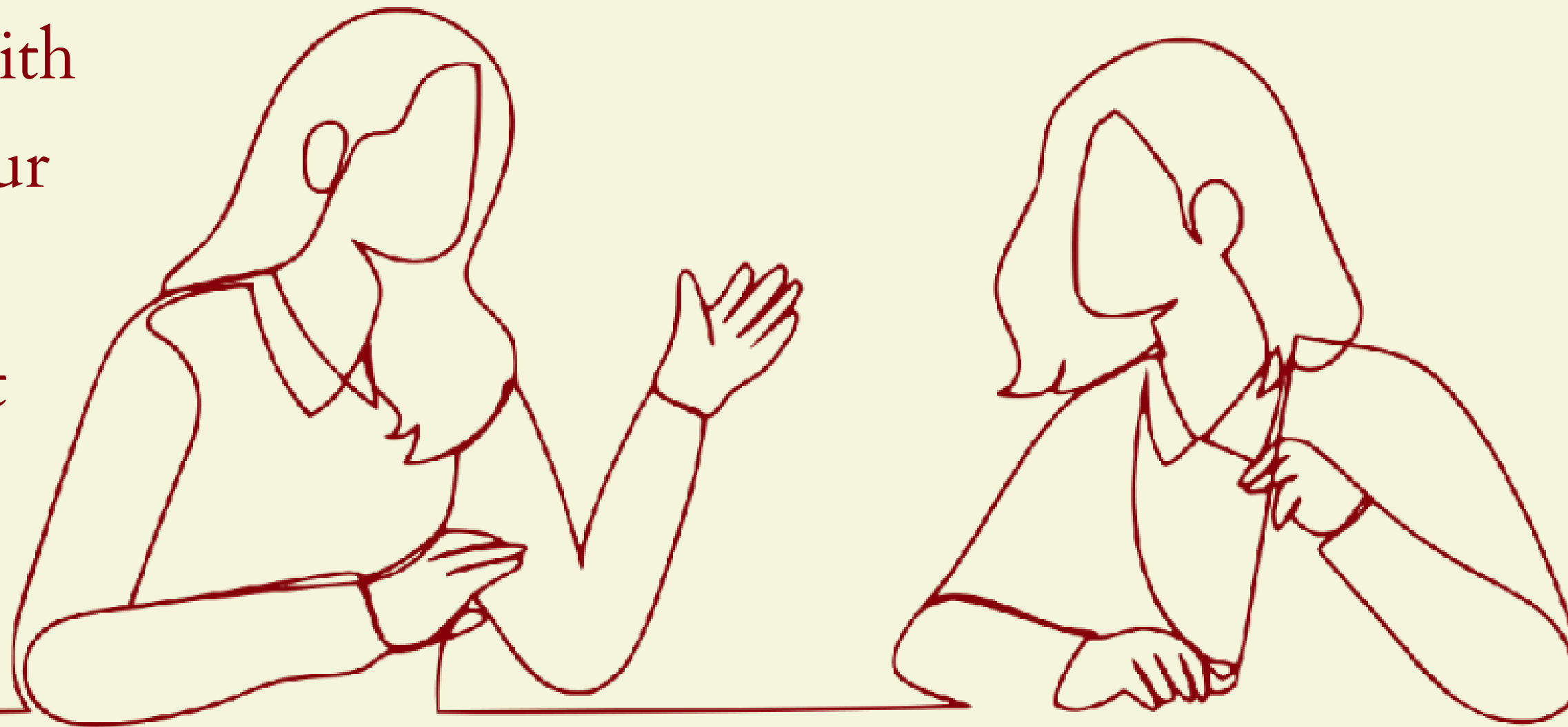
- Dr. Sunita Jadhav – Coordinator (Dept. of Economics)
- Dr. (Sr.) Patricia D'Souza– Co-Coordinator (Dept. of Psychology)
- Jihasa Vachharajani (Dept. of English)
- Dr. Sree Nair (Dept. of Life Sciences)
- Lynelle Jeysus (Dept. of Chemistry)
- Rinjal Jain (Coordinator, BSc IT)
- Shadab Zaveri (Coordinator,BA SCJ)
- The Committee will be assisted by Ms Rizwana Vapiwala, College Office

MENTOR

A Senior College
Lecturer who can
guide you with
regard to your
academic
development

MENTEE

All First Year
Students

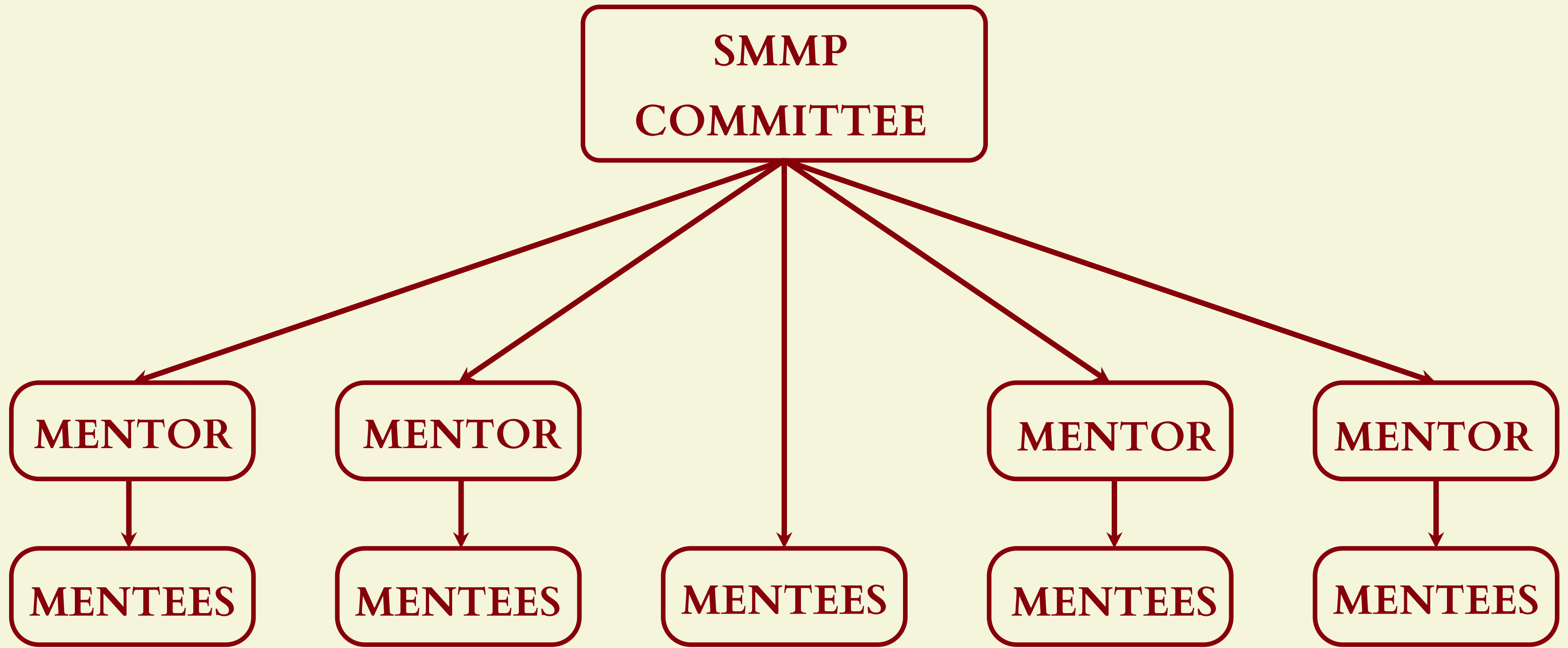


OUR GOALS

- To help the students have an enriching college experience
- To promote interpersonal relationship between the faculties and students and amongst students
- To enable the college to empower its students through a realisation of their potential



PROGRAMME STRUCTURE



HOW YOUR MENTOR WILL HELP YOU



- **Creating Awareness** of the facilities, courses, clubs and opportunities provided by the college and encouraging the student to avail of the same
- **Guidance** for academic-related matters

HOW YOU CAN BENEFIT



Meet the Mentor whenever the meetings are organised per semester in college



Keep in touch via email/ WA/Google Classroom depending on what is the Mentor's preferred means of communication

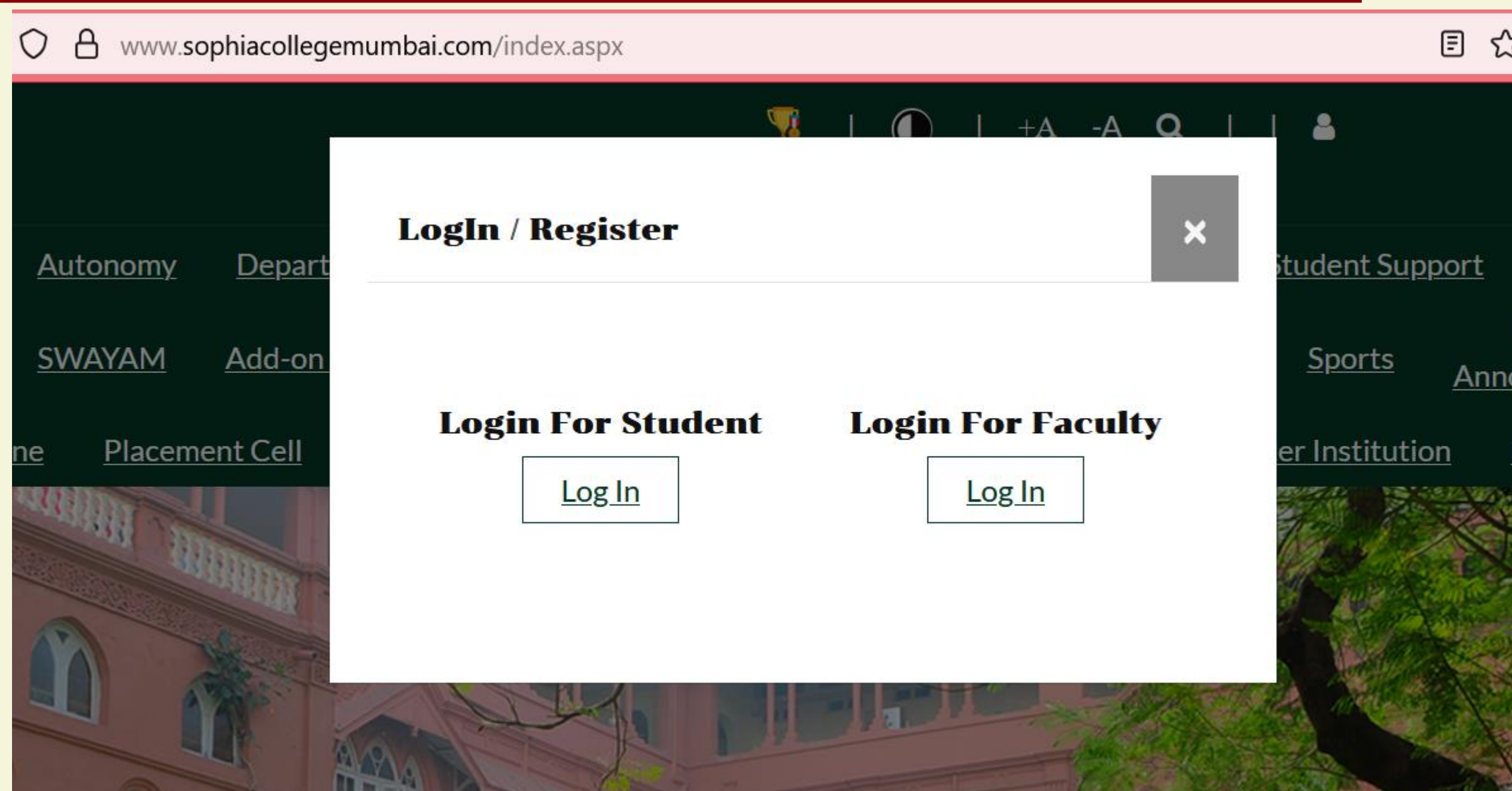
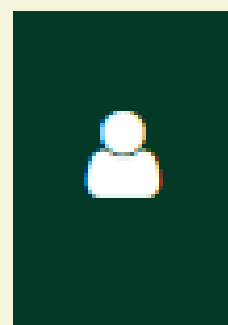


Use this opportunity to have an honest discussion about personal academic related matters and ask how to avail of the opportunities that the college offers

CONTACT

KNOW YOUR MENTOR

Click this icon on the college website



IN CASE OF ANY CONCERNS DROP AN EMAIL

to

mentor.mentee@sophiacollege.edu.in

THANK YOU

Designed by Jiya Maroly, BSc IT Student